



# LIFE TIMES

SINCE 1993

MARCH 2019

## March

### \* Rescheduled Classes

- 1-Coffee Cupping (Overflow Session)
- 4-Mardi Gras—LIFE: Health Club for Your Mind and Soul
- 5-Coffee Cupping
- 11-From Mayo Clinic to Vietnam
- 12-Great Decisions '19-- 8 week Series
- 12-GD Topic: Refugees and Global Migration
- 12-Great Northfield Bank Raid: MN's Foil the James-Younger Gang
- 13-Trip-The Uff Dah!! Tour
- 14-The Lewis and Clark of Canada
- 18-Charles Lindbergh
- 19-War of 1812 \* (10 am)
- 19-South Africa's Fragile Democracy
- 20-Personal & Cultural Impressions of Australia
- 21-Trip-Piano Man at the Plymouth Playhouse
- 25-The Romanovs
- 26-Refugees & Global Migration \* (10 am)
- 26-Docoding U.S./China Trade \* (1 pm)
- 26-GD Topic: Middle East: Regional Disorder
- 27-Personal & Cultural Impressions of New Zealand
- 28-Natural Hacks to Support Memory
- 29-Precontact Archaeology of Southeast Minnesota
- 29-The Origins of Agriculture in the Midwest
- 4/2-Polar Bears Possibilities \*
- 4/2-Otterly Wonderful Otters \*
- 4/30-3D Printing at Mayo Clinic \* (10 am)

facebook.com/RCTCLIFE

LIFE is Good!



Ph: 507-280-3157



## LIFE: Good for Your Body and Soul!

*How is it that those snowflakes that float quietly down can one day turn our world into a real-life snow globe and the next day create total frustration with driving and activity re-scheduling? Minnesota winter is how. But, we LIFERS know how to deal with it – put on your boots and woolies, warm up the car and head to LIFE at RCTC for as many classes and trips as you can handle. Come hear Tim Penny on important Minnesota leaders and Todd Lefko on international relations. Visit the Mayo High School planetarium or travel vicariously to Australia and New Zealand. Learn about the Russian Romanovs, South Africa's Fragile Democracy or the Great Northfield Bank Raid. Whatever your interests, we've got you covered. If you want more than academics, you can party down with us for Mardi Gras on March 4 at the International Events Center if you hurry and register before **Fri, March 1st**. Mental and Social stimulation is good for body and soul.*

*Hope to see you at LIFE's Mardi Gras Celebration!*



Brenda Dicken  
LIFE Board Director

Learning Is ForEver...Providing adult education, insight, and engagement

## Teacher Feature...

*Judge Lange, a retired State of MN Trial Court Judge, is an internationally-recognized expert in Human Rights and International Development conducting assessments and programs in Qatar, Tanzania, Rwanda, Brazil, Malawi, Norway, Kenya, the Caribbean and other parts of the world. She is the founder and President of the LaJune Thomas Lange International Leadership Institute, she develops legal, health, and education programs while facilitating economic and intercultural exchange. Currently, she serves as Honorary Consul for South Africa, representing South Africans in MN fostering partnerships and economic development. She also serves the Board of Regents of her alma mater, Augsburg College; and has served as an adjunct professor of civil and human rights at William Mitchell College of Law.*



Judge Lajune Lange  
will present on  
S. Africa on 3/19

[www.learningisforever.net](http://www.learningisforever.net)